

CSP highlights Positive Impact of Sport on adolescent Girls

The Community Sports Program (CSP) in Bhubaneswar, Odisha has always laid a special emphasis on gender equity and improving gender relations between girls and boys. Out of the 1,873 children that the CSP has engaged since 2015, 44% of them have been girls. The impact of the CSP on these girls is highlighted by stories such as that of Santoshi Maharana.



Santoshi is a Class 9 student of Beena Bharati Vidya Mandira school in Bharatpur slum, Bhubaneswar. Santoshi's family lives in Bharatpur itself, where her father works as a car painter. "I used to be a little too angry at everyone and did not interact with boys at my school; I used to be very self-conscious," says Santoshi. Low on confidence like many other school-going girls her age, Santoshi was not able to fully flourish in her school environment.



The CSP helped change things around. Santoshi observes, "Since I've been in the CSP, the best thing I have learnt is the cohesiveness and togetherness we share as a team, be it with boys or girls. I now believe that we girls can also do everything the boys can. I have grown in self-confidence and am much more composed than I used to be."

Read [her full story here](#).

Highlights

PSD trains Youth Leaders to utilize Sport as Advocacy Tool

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Sports Survey at ASA yields Significant Results

WATCH: PSD Team Takes IDSDP 2019 Challenge by SportandDev.org



Sports Survey at ASA yields Significant Results

The sports survey being undertaken by PSD in collaboration with Rural Development Trust, as part of Anantapur Sports Academy's (ASA) grassroot programs, has yielded significant results from the baseline data collected. The survey aims to study the impact of structured sports programs on the physical, social and emotional development of children.



The baseline data has revealed that there is a significant positive difference in the coordination and agility skills of children part of ASA's programs, in comparison with children from the control group who are not part of ASA's programs. Moreover, the analysis revealed that children part of ASA's sports programs are happier and display greater self-confidence, as compared to the control group.

The full report will be published soon.

PSD trains Youth Leaders to utilize Sport as Advocacy Tool

Antargoonj 2019, the annual national youth leadership program organized by Martha Farrell Foundation for young leaders part of the Kadam Badhate Chalo (KBC) program was held in Delhi from the 27th to 30th of April, 2019.



Antargoonj 2019 focused on training youth leaders to be able to identify social issues in their own communities, collect localized data and advocate the same amongst relevant stakeholders. PSD used this platform to train these youth leaders in utilizing sport and physical activity within their data collection and advocacy roles.



PSD further built on the skills of the youth in delivering sports-based sessions, by focusing on creativity and innovation, in not just developing new games but also in how sport is utilized to share information and messages. Antargoonj 2019 saw the participation of 31 youth leaders (16F; 15M) from 6 KBC sites across India.



Media

Sharing Experiences of Sport

Read about PSD's activities planned for the International Day of Sport for Peace and Development (IDSDP) 2019.

[via SportandDev.org](http://via.SportandDev.org)