

## Mixed Gender Volleyball Tournament held in BBSR

As part of the Community Sports Program (CSP) in Bhubaneswar, supported by Tata Trusts, PSD organized a Mixed Gender Volleyball Tournament on the 23<sup>rd</sup> of September, 2018, which saw the participation of 158 children (49% girls) from 7 schools part of the CSP.



The tournament was organized to provide exposure to the children, break gender barriers, engage them in healthy competition and provide them a chance to have a fun filled day of sporting activity. A total of 16 teams participated in the tournament, with 9-10 members per team. Of the 6 playing members in a team, the gender proportion on court had to be equal at all times i.e. 3 girls and 3 boys.



It was a unique learning experience for all teams, but those that incorporated teamwork and communication in their play well, performed the best. The final was played between teams from Beena Bharati Vidya Mandira and Government Ashram School, with the former emerging as champions.

[Read more about the tournament](#)  
[Watch Highlights of the tournament](#)

## Media



### Sport is a vital tool for women's empowerment

Women's empowerment is a global issue that has gained significant attention in recent years. It is a process of enabling women to have equal opportunities with men in all spheres of life. Sport is a powerful tool for women's empowerment as it provides a platform for women to build self-confidence, develop leadership skills, and foster a sense of community. It also helps in breaking gender stereotypes and promoting gender equality. In India, the participation of women in sports has increased significantly over the years, and this is a positive sign for the country's development.

### Sport is a vital tool for Women's Empowerment

An opinion article by Namita Bhandare in the Hindustan Times featuring PSD as well as its Founder, Suheil F. Tandon.

## Highlights

PSD Delivers Training for Youth Female Leaders in Ajmer

UGW Workshops part of KBC held in Hyderabad & Siliguri

Mixed Gender Volleyball Tournament held in BBSR

PSD Completed 5 Years on 30<sup>th</sup> September, 2018!



## UGW Workshops part of KBC held in Hyderabad & Siliguri

PSD, in collaboration with PRIA and MFF, delivered the Understanding Gender My Way (UGW) workshop, part of the Kadam Badhate Chalo (KBC) program, in Hyderabad from 5<sup>th</sup>-7<sup>th</sup> and in Siliguri from 13<sup>th</sup>-15<sup>th</sup> of September, 2018.



The UGW workshop held in Hyderabad with local partners Rubaroo saw the participation of 55 youth (55% females), whereas the one held in Siliguri with local partners CINI (Child in Need Institute) saw the participation of 42 youth (62% females).



## PSD Delivers Training for Youth Female Leaders in Ajmer

From the 1<sup>st</sup> to the 3<sup>rd</sup> of September 2018, PSD conducted a training workshop for 23 youth female leaders part of Mahila Jan Adhikar Samiti and HAQ's Football program in rural Ajmer in Rajasthan.



The girls, who have been part of the Football program for the past 2 years, were provided an introduction to coaching methodologies, learning basic skills and capabilities to start their journeys as coaches and lead programs for other girls in their own villages. Topics included understanding their roles as a coach, planning and organization of sessions, effective communication in coaching and First Aid.



## 2<sup>nd</sup> Teacher Training part of Community Program Held

The 2<sup>nd</sup> in a series of training workshops for school teachers part of the Community Sports Program (CSP) in Bhubaneswar, in partnership with Tata Trusts, was held on 15<sup>th</sup> and 16<sup>th</sup> September, 2018. Six teachers from 6 schools part of the CSP attended the workshop.



The workshop, part of our efforts to ensure future sustainability of the CSP, focused on strengthening the teachers' understanding of the sports-based curriculum, and provided them with practical knowledge of First Aid.