

A Trip Down Memory Lane: PSD turns 5 in September 2018!



Sep 30th 2013:
 PSD is born!

Oct, 2013:
 PSD initiates work with Gram Vikas on Khel Vikas project



Nov, 2014:
 PSD organizes Odisha State Weightlifting Competition

April, 2015:
 PSD partners with RDT to provide technical support for ASA



Sep, 2015:
 PSD initiates Community Sports Program (CSP) in Bhubaneswar

Jan, 2016:
 PSD partners with PRIA & MFF for sports activities in KBC program



May, 2016:
 PSD initiates Coach Training Workshops at ASA

April, 2017:
 PSD partners with Tata Trusts to expand CSP



Highlights

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Training Workshop held for PSD Coaches in Bhubaneswar

Case Study of Rudra highlights Impact of CSP in Bhubaneswar

WATCH: Impact of Training Workshop at ASA



Coach Training Workshop at ASA, May 2018

(Click on photo to view video)

Case Study of Rudra highlights Impact of CSP in Bhubaneswar

"I used to get really angry when my teammates could not perform well." These are the words of Rudra Prasad Biswal, a 15-year old boy whose temper was a cause for concern.



An individual brimming with leadership qualities, his anger was inhibiting him from reaching his potential.



After months of being part of the CSP, Rudra came to a realization, "I realized with the help of the PSD coaches how being angry wasn't the solution to everything. If I remain calm and talk to my teammates cordially, there would be better teamwork".

Rudra is now the prefect of his class and his academic performance has improved as his grades have increased from 63.5% in 2017 to 72% in 2018.

([Read his full story](#))

Training Workshop held for PSD Coaches in Bhubaneswar

PSD coaches delivering the Community Sports Program in Bhubaneswar took part in a short training workshop held on 24th & 25th of August, 2018. These quarterly training workshops help the PSD coaches refine their skills, discuss how to overcome potential issues and assist in their continuing professional development.



This quarters' training workshop focused on learning how to include injury management protocols within the community schools. Moreover, the training discussed problem solving during session delivery and incorporating indoor games in sessions, especially during the monsoon season.



Media

[PSD Conducts Training Workshops for Teachers part of Community schools in Bhubaneswar](#)

An article on the teacher training workshops conducted by PSD in the Community Sports Program schools to ensure future sustainability.

[Health, Education & Values through Sport](#)

A photo and video gallery showcasing how PSD uses the power of sport to aid in the holistic development of children and youth.

[WATCH: Thank You video – FMS Program](#)



A short Thank You video from the children part of the FMS program in Bhubaneswar.