

## PSD Conducts KBC Phase 1 Sports Camps in North Bengal

PSD conducted the KBC Phase 1 sports camps in the towns of Kalimpong and Siliguri in North Bengal, from the 24<sup>th</sup> – 28<sup>th</sup> of June, 2016. The camp in Kalimpong, which saw the participation of a total of 57 youth (34 girls & 23 boys) was conducted in partnership with local partners Saptashree Vidyapeeth School. The camp in Siliguri which saw the participation of a total of 64 youth (46 girls & 18 boys) was conducted in partnership with West Bengal based NGO CINI (Child In Need Institute).



**Kalimpong Youth playing Team Dodgeball**

The sports camps in Kalimpong and Siliguri were designed to be implemented along with PRIA (Society for Participatory Research in Asia) and MFF's (Martha Farrell Foundation) gender training module. This new approach proved highly fruitful, as the sports activities built camaraderie and trust among the groups, allowing them to freely express themselves during the gender training components.



**PSD Trainer Suheil Tandon briefing Siliguri Youth**

The camps involved both indoor and outdoor sports and physical activity, with the active participation of both girls and boys in all activities. The youth learnt important values such as teamwork, effective communication and leadership, and the activities allowed them to shed inhibitions of working together in a group with the opposite gender.



## Highlights

PSD Conducts KBC Sports Camps in Kalimpong & Siliguri

PSD Trains 50 additional RDT Grassroot Coaches

PSD Supports rural Football league in Mayurbhanj, Odisha

### Kalimpong KBC Youth Group with PSD & PRIA's Trainers



"In a team we must take everyone's suggestion, and not just follow our own path"  
 – Niharika Gupta, Class 11 Girl, Kalimpong

### Suheil Tandon shares PSD's work with students at UVIC

PSD's Director-Founder, Suheil Tandon, shared with students' part of the School of Exercise Science, Physical and Health Education at the University of Victoria, Canada about the inception of PSD, the programs and projects we have delivered as well as the impact that these programs have had on the youth we work with.



One of the students part of the course reflected, "PSD as an organization shows how health, wellness and being given the opportunity to reach your potential, can have a positive impact on your life".

## PSD Conducts Training for 50 RDT Grassroot Coaches

PSD conducted training workshops for an additional 50 grassroots coaches part of Rural Development Trust's (RDT) Anantapur Sports Academy (ASA), from the 23<sup>rd</sup> to 29<sup>th</sup> of June, 2016.



The training, conducted over 3-day workshops in 2 batches, saw the participation of ASA's grassroots Football, Hockey and Judo coaches. The coaches upgraded their knowledge on the topics of first aid, effective communication in sports coaching and long-term planning and organization.

## PSD Supports Mayurbhanj Football League in rural Odisha



PSD supported the 8<sup>th</sup> edition of the Mayurbhanj Football League (MFL), in association with Yuva Vikas and Marangburu Siddeswari Sporting Club, held at Kanpur, Mayurbhanj in rural Odisha from the 23<sup>rd</sup> to 25<sup>th</sup> of June, 2016. The tournament saw the participation of 16 teams and 200 players and officials from remote rural areas of Odisha and West Bengal, including the districts of Mayurbhanj, Balasore and West Midnapore.

PSD's Community Trainer, Tempa Hansdah, also the Founding Organizing Secretary of MFL, was full of praise for the young talent at display in the tournament, and feels that events such as these will help develop grassroots football in rural India.