

Volume
#3

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MONTHLY NEWSLETTER

Pro Sport Development Khel Vikas



Website:
www.prosportdev.in

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www.facebook.com/prosportdev
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Team Development Camps in Place

Following the success of Boys Volleyball and Girls Badminton in creating positive sporting environments along with capable and determined athletes, it was decided that the relative teams should be made available.

Development camps were started for Volleyball with 12 girls in regular attendance whilst in Badminton, 16 boys were split over two sessions parallel to the girl's team training.

Athletics Program Begins

Introductory Presentation

Athletics was introduced to the entirety of Kankia School during a presentation showing inspirational clips of London 2012 to educate and encourage participation.



Testing Starts in Earnest

A few days later testing began, assessing the strength, speed and power possessed by the students to gauge suitability for different events at a specialist coaching camp. Day one of testing saw participation of 94 students.



New Team Members

Gareth Sandford: Sports Science and Physiology/
Athletics Coaching Intern

For more details visit:
<http://www.prosportdev.in/staff>

Highlights

EXPANSION PROGRAMS BEGIN WITH BOY'S
BADMINTON AND GIRL'S VOLLEYBALL

ATHLETICS PROGRAM ADDED TO KHEL VIKAS
KANKIA ACADEMY

COMMUNITY OUTREACH IN WEIGHTLIFTING
REACHES TWO NEW LOCATIONS

Badminton Girls Team Receive New, Personalised Rackets



The Athletes with their new Cosco Rackets
alongside Coaches, School Staff and Gram
Vikas Manager, Urmilla Senapati

Athlete of the Month!



Name: Purna Chandra
Sabar

Sport: Kho Kho

"Most Improved" athlete at
Khel Vikas' Koinpur program

Outstanding effort &
commitment

Media Reports

New physical education curriculum
delivered in Gram Vikas Kankia School in
Odisha, India.

<http://www.sportanddev.org/?6673/1/New-physical-education-curriculum-delivered-in-Gram-Vikas-Kankia-School-in-Odisha-India>

Khel Vikas Progresses Sports Program at
Koinpur School.

<http://www.sportanddev.org/?6616/Khel-Vikas-progresses-the-sports-education-programme-at-Gram-Vikas-Koinpur-School>

Recent Events/Developments

Senior State Weightlifting

Baidehi Majhi fought tough competition to place second in the 48Kg division, unfortunately just missing out on qualifying for Nationals.

Boosting Sports Equipment

The Badminton Girls team was delighted to receive new rackets, shuttles and shoes to help in their quest for competitive glory. The equipment has already improved several aspects of their game.

Community Outreach – Weightlifting

Weightlifting programs have recently been set up in the Lathi and Berhampur City High Schools. Khel Vikas have begun a program based on enrichment through sport and are currently working with 34 athletes.

Khel Vikas Female Athletes Complete Thorough Warm-Up



Upcoming Events/News

Pykka (Rural Sports) Weightlifting Nationals
University Weightlifting Nationals
Community coaching course ThRampur
PE teacher awareness program
Specialist Athletics Coaching Program
PE Theory Program