

### Japan's Sport For Tomorrow Donates Equipment to PSD

Sport for Tomorrow, a legacy program of the Tokyo 2020 Olympics, is a Japanese government initiative to ensure more people learn about the values of sport and the Olympics in the lead up to the Tokyo 2020 Games, not just in Japan but in over 100 countries!



As part of this initiative, PSD received 108 t-shirts and 20 volleyballs for the Community Sports Program and its participants in Bhubaneswar, Odisha. To commemorate the receipt of this equipment, PSD organized a catching volleyball tournament at one of the Community Program centres in Bhubaneswar, the Kalinga Vidya Mandira School.



### Teams in Action during the Catching Volleyball Tournament

The tournament saw the participation of a total of 89 girls and boys, playing as part of 8 mixed gender teams. At the end of the tournament, all the participating children received a t-shirt each sent by Sport For Tomorrow. We plan on utilizing the equipment sent by Sport for Tomorrow further in our regular programs, as well as through tournaments such as these in other centres part of the Community Sports Program in Bhubaneswar.



### Highlights

PSD Conducts Second Round of Training at RDT

Japan's Sport For Tomorrow donates equipment to PSD

Baseline Survey Conducted for Community Program in BBSR

### WATCH: Case Study of Community Program participant Bijaylaxmi Sethi



Click Here:

<https://www.youtube.com/watch?v=ZD>

### Baseline Survey Conducted in Community Program Centres

PSD conducted a baseline survey with the participants (children) as well as their school teachers part of the Community Program in Bhubaneswar. The surveys plan to gather data and study the impact of the program on the children's physical health and well-being, social and emotional development as well as cognitive development. It will be administered again at the end of the calendar year and then at the end of the academic year.



The baseline survey was administered to a total of 436 participants, both girls and boys, as well as a total of 13 school teachers and principals.

### Second Round of Training Conducted for RDT Coaches



PSD conducted the second in a series of training workshops with Rural Development Trust's (RDT) Anantapur Sports Academy coaches. The workshops were conducted in two batches – one for a group of 15 Academy coaches and the other for a group of 17 grassroots coaches (cricket and Special Olympics coaches). The two 2-day workshops were conducted between the 13<sup>th</sup> and 17<sup>th</sup> of August, 2016.



This round of training for Academy coaches focused on the topics of Strength & Conditioning, Nutrition & Hydration, First Aid recap and Effective Communication. The training for grassroots coaches focused on the topics of Warm-Ups & Cool Downs, First Aid recap and Nutrition & Hydration.

As part of the second round of training, another two workshops for grassroots coaches from Football, Hockey and Judo will be held in September, 2016.

### Media Reports

#### Training, Monitoring & Evaluation Part 2: Measuring the Impact of a Community Program

PSD's Coaching & Education Officer, Peter Swinford, gives his thoughts on the next phase of the training, monitoring and evaluation of our Community Sports Program in Bhubaneswar, Odisha, focused on measuring the impact of the program on the participants and the communities they live in.