



### Medals galore at District weightlifting competition

The Ganjam District weightlifting competition saw a flurry of medals bagged by Khel Vikas (KV) athletes. 14 girls and 7 boys represented KV, in which 13 athletes registered victories.



The competition consisted of Sub-junior, Junior and senior categories. In the sub-juniors, the KV girls dominated the competition with their performance. It was raining gold as the girls clinched the first spot in all categories. Pinky Naik, Jyoti Badamundi, Santilata Nayak and Sitamani Hembram all came first in their respective categories. Among the boys, Sanatan Mallik clinched the gold in the 69-kg category.



The juniors too made heads turn as the girls notched up wins in the 48-kg and 53-kg category. Tukuni Badamundi and Archana Pradhan won the first and second places in the 48-kg category, while Baidehi Majhi won gold in the 53-kg category. A total of 12 KV athletes have progressed to the state competition, having finished 1<sup>st</sup> or 2<sup>nd</sup> in their category.

### Upcoming Events/News

- Pro Sport Development to host State Weightlifting Competition.
- KV Athletes to participate in Ganjam District Athletics & Volleyball competitions

## Highlights

Khel Vikas athletes' dominate district Weightlifting competition  
Runners shine in XIMB Marathon  
Gender Equality workshop at KV

### Khel Vikas staff during the Gender Equality workshop



### Athlete of the Month



**Name:** Ajaya Mallik  
**Sport:** Weightlifting  
By Showing continuous commitment and discipline to enhance his technique, Ajaya achieved a new Best in Clean & Jerk at District Competition. He also provides encouragement & support to junior weightlifters with his positive attitude.

### Media Reports

#### **Khel Vikas athletes shine as competition season begins**

<http://www.sportskeeda.com/general-sports/khel-vikas-athletes-shine-competition-season>

#### **Pro Sport Development's workshop with PRIA was a tremendous success**

<http://www.sportanddev.org/en/connect/myinfo.cfm?7469/Pro-Sport-Developments-workshop-with-PRIA-turned-out-to-be-a-tremendous-success>

#### **Hale and hearty at Khel Vikas**

<http://sportanddev.org/en/newsviews/news/?7522/1/Hale-and-hearty-at-Khel-Vikas>

#### **Gender equality workshop at Khel Vikas**

<http://www.sportanddev.org/en/connect/myinfo.cfm?7566/>

#### **Khel Vikas athletes' reap rewards at district WL Competition**

<http://www.sportskeeda.com/weight-lifting/khel-vikas-athletes-district>

### Khel Vikas Staff Attend Gender Equality Workshop

Dr Martha Farrell from PRIA (Society for Participatory Research in Asia), India, conducted a workshop on gender equality and sexual harassment within the workplace.

The workshops helped the Pro Sport Development (PSD) staff to understand the workplace and the norms of gender equality within it. It also outlined what constitutes sexual harassment, how to identify it, and deal with instances of the same in the workplace. Finally, the workshops helped PSD to list out the behavioral norms at the workplace which should be followed by all staff. A written policy will now be developed with the discussions that took place.

Additionally, PSD at staff held a seminar that discussed the child protection and safeguarding policy at Khel Vikas, in particular highlighting the role of employees, especially coaches

### Recent news/Developments

#### Assessment of Rudhapadar sports programs

PE and after school sports programs were assessed during a visit to Rudhapadar schools' program's and future initiatives were discussed. Nearby villages were visited to search for community coaches. In addition, PE teachers were given instructions preparing them for the upcoming competitions.

#### Athletes take part in XIMB Run

Three KV athletes took part in the XIMB marathon which was held in Bhubaneswar. Sushant Sabar, Niranjan Badaraita and Philip Sabar finished 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> respectively. The athletes also received advice from professional Kenyan runners.

#### PSD to host state WL competition

PSD will host the Odisha state weightlifting competition on the 22<sup>nd</sup> and 23<sup>rd</sup> of November, 2014. Close to 100 weightlifters are expected to participate in the event, which includes national and international athletes. Around 20 coaches will also be present in what will be an enthralling event.

### New Team Members

**Sai Krishna Pulluru** – Full-time role as School Sports Coordinator

**Kalia Behera** – Community Weightlifting Coach

**For more details visit:**

<http://www.prosportdev.in/staff>