Volume #10

October 2014

## **MONTHLY NEWSLETTER**



Pro Sport Development Khel Vikas



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www.prosportdev.in

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#### 2<sup>nd</sup> Annual Khel Vikas Run 2014

The 2<sup>nd</sup> Annual Khel Vikas 5K Run was held on 14<sup>th</sup> September, 2014 from Tamana Village to Gram Vikas Campus, Mohuda. Surpassing last year's total, close to 500 participants, including children from nearby schools and members of the local community, turned out for the Run.



The Guests of honour at the event included Shri Joe Madiath, the Founder of Gram Vikas, Shri Kameshwar Rao, Secretary of the Ganjam District Athletics Federation, Shri Akshay Pattnaik, the Ganjam District Sports Officer and Shri Ram Shankar, ex-Board member of Gram Vikas.



The major share of the medals went to students from Gram Vikas (GV) High School, Kankia, with a clean sweep in three out of the four categories. The first place in the junior girls' and boys' category was won by Jyoti Malik and Trinath Sabar, respectively. The Gold in the senior girls' and boys' category was bagged by Sukumari Mandal and Pradeep Kumar Behera, respectively.

#### **Upcoming Events/News**

- Ganjam District Weightlifting Championship
- Setup of Cricket Facility at ThRampur School
- CPD's for Khel Vikas PE Teachers
- New Weightlifting Assistant Coach and Website Intern to join PSD Team

# Highlights

Khel Vikas hosts 2<sup>nd</sup> Annual Run

Kankia Kho-Kho Girls' team wins District Championship

CoE WL Program Underway

The Victorious Kankia Kho-Kho Girls' Team



### Athlete of the Month



Name: Santi Mallik Sport: Kho-Kho

**Achievements:** Played a key role in the Konisi Kho-Kho girls' team, which won the district championship.

Confidence and continuous improvement has seen her being selected to compete in the Odisha State meet.

#### CoE WL Program off to a Flying Start

Eight weightlifters had their first taste of the Centre of Excellence (CoE) from September 1, 2014, where the focus is on the holistic development of athletes, with a dual emphasis on education and sporting excellence.



The athletes train twice a day, with a structured diet plan and prehab program formulated according to each athlete's need, minimizing the chance of injuries. Two daily study periods are attended by all athletes, where a tutor assists them in their academics. Moreover, the athletes are engaged in English and IT classes, to develop skills to aid in their future prospects.

### Recent news/Developments

#### Kho-Kho Girls' Win District Comp

Nine Khel Vikas Kankia School girls, part of the Konisi zonal girls' Kho-Kho team, have emerged triumphant in the Ganjam District U-17 School Kho-Kho Championship, which was held in Gopalpur from the 20th to 22nd September, 2014.

The Konisi team had a nervous start in the first match of the finals against Kabi Suryanagar, winning by a close margin of 8-6. The second match saw a more dominant display from the Konisi girls, beating their opponents 6-2.

#### Ganjam Volleyball Team Finish 2nd

The U-17 Ganjam Volleyball boys' team finished as runners-up at the Odisha State School Volleyball Championships. Four Khel Vikas Kankia boys were part of the Ganjam team that lost to Koraput in the finals.

# Khel Vikas Girls' Compete in State Kho-Kho Competition

Four Khel Vikas Kankia girls, who were part of the Konisi Kho-Kho girls' team traveled to Balangir to compete in the Odisha Schools State Kho-Kho Competition. Babita Mallik, Mary Sabar, Ranjulata Mallik and Santi Mallik represented Kankia School and Khel Vikas as part of the Ganjam Team at the competition which was held from 25-27 September, 2014.

#### Media Reports

Khel Vikas Transforming Underprivileged Children to Professional Athletes

http://www.sportskeeda.com/general-sports/milestone-khel-vikas

Khel Vikas hosts 5K Run in Berhampur

https://in.news.yahoo.com/khel-vikas-hosts-5k-run-131922379.html

Weightlifting's New Milestone at Khel Vikas

http://www.sportanddev.org/en/connect/myinfo.cf m?7389/Weightliftings-new-milestone-at-Khel-Vikas

For a full catalogue of media articles from this month, please visit

http://www.prosportdev.in/press

#### **New Team Members**

**Abyay Prasann Mahalik**- CoE Academic Tutor

Ellie Hall – Sports Science Intern

Reshma Chawdhury – Sports Management

Vivek Ramanarayanan- Communications

For more details visit:

http://www.prosportdev.in/staff